

ESTABLISHED PATIENT VISIT/ INFORMATION UPDATE

Please take a few moments prior to seeing your provider to update us on your health. Thank you for allowing us to provide a portion of your health care.

Describe the reason for your visit today: _____

Would you like a copy of your office note or lab results sent to anyone today? Yes No
If yes, who would you like to receive a copy? _____

Yes! I have reviewed the attached medication list that includes prescription, over the counter and supplements and have made applicable updates

I have had the following illnesses, surgeries or changes to my medical history since last visit:
1. _____ 3. _____ 5. _____
2. _____ 4. _____ 6. _____

Current smoker: Yes No . Number of cigarettes/cigars daily _____

Current alcohol consumption: _____ drinks per day/month

Exercise: _____ days per week. Type of exercise: _____ Duration: _____

REVIEW: Please check any symptoms you have experienced in the past month.

- | | | |
|---|---|---|
| <input type="checkbox"/> Wt gain _____lb | <input type="checkbox"/> Chest pain | <input type="checkbox"/> Lightheadedness |
| <input type="checkbox"/> Wt loss _____lb | <input type="checkbox"/> Pain with exercise | <input type="checkbox"/> Dizziness with standing |
| <input type="checkbox"/> Fatigue | <input type="checkbox"/> Palpitations | <input type="checkbox"/> Poor concentration |
| <input type="checkbox"/> Easy Bruising | <input type="checkbox"/> Stomach pain | <input type="checkbox"/> Memory Loss |
| <input type="checkbox"/> Excessive Sweating | <input type="checkbox"/> Constipation | <input type="checkbox"/> Frequent falls |
| <input type="checkbox"/> Brittle Nails | <input type="checkbox"/> Diarrhea | <input type="checkbox"/> Emotional swings |
| <input type="checkbox"/> Rash | <input type="checkbox"/> Difficulty swallowing | <input type="checkbox"/> Numbness in hands |
| <input type="checkbox"/> Skin color changes | <input type="checkbox"/> Nausea | <input type="checkbox"/> Numbness in feet |
| <input type="checkbox"/> Dry skin | <input type="checkbox"/> Vomiting | <input type="checkbox"/> Burning in hands |
| <input type="checkbox"/> Darkening of skin | <input type="checkbox"/> Pain with swallowing | <input type="checkbox"/> Burning in feet |
| <input type="checkbox"/> Stretch marks | <input type="checkbox"/> Loss of periods | <input type="checkbox"/> Anxiety |
| <input type="checkbox"/> Peripheral Vision Loss | <input type="checkbox"/> Irregular periods | <input type="checkbox"/> Depression |
| <input type="checkbox"/> Blurred Vision | <input type="checkbox"/> Painful intercourse | <input type="checkbox"/> Insomnia |
| <input type="checkbox"/> Bulging Eyes | <input type="checkbox"/> Pain with urination | <input type="checkbox"/> Acne |
| <input type="checkbox"/> Headache | <input type="checkbox"/> Passage of stones in urine | <input type="checkbox"/> Decrease in appetite |
| <input type="checkbox"/> Double Vision | <input type="checkbox"/> Bone pain | <input type="checkbox"/> Increase in appetite |
| <input type="checkbox"/> Hoarseness | <input type="checkbox"/> Back pain | <input type="checkbox"/> Feel full before finish meal |
| <input type="checkbox"/> Snoring | <input type="checkbox"/> Joint pain _____ | <input type="checkbox"/> Cold intolerance |
| <input type="checkbox"/> Inability to smell | <input type="checkbox"/> Muscle cramps | <input type="checkbox"/> Excessive thirst |
| <input type="checkbox"/> Change in dental bite | <input type="checkbox"/> Muscle Weakness | <input type="checkbox"/> Excessive urination |
| <input type="checkbox"/> Change in head size | <input type="checkbox"/> Pain in Hands | <input type="checkbox"/> Heat intolerance |
| <input type="checkbox"/> Neck pain | <input type="checkbox"/> Pain in Feet | <input type="checkbox"/> Hot flashes |
| <input type="checkbox"/> Swollen glands | <input type="checkbox"/> Unexplained bone fractures | <input type="checkbox"/> Flushing of skin |
| <input type="checkbox"/> Neck lump/swelling | <input type="checkbox"/> Muscle Aches | <input type="checkbox"/> Excessive facial/body hair |
| <input type="checkbox"/> Difficulty breathing | <input type="checkbox"/> Change in Hand/Foot size | <input type="checkbox"/> Loss of hair |
| <input type="checkbox"/> Breast pain | <input type="checkbox"/> Dizziness | <input type="checkbox"/> Decrease in height |
| <input type="checkbox"/> Nipple discharge | <input type="checkbox"/> Fainting | <input type="checkbox"/> Decreased libido |
| <input type="checkbox"/> Breast enlargement | <input type="checkbox"/> Weakness | |

Any other comments or concerns you would like to state here for the provider seeing you today:

Signature _____ Date _____